

The Nook's Vegetarian Menu Ideas

Welcome to The Nook! Here are some vegetarian menu suggestions for you from our amazing Nooksters!

Current Nook Menu Items

Chips & Dips

Fresh tortilla chips, home made salsa, & the Nook's secret cheese sauce. \$13 One chip refill. Extra chips. \$5 Guacamole for just \$7 more.

The Nook Quesadilla

A veggie quesadilla with corn and black bean salsa, spinach, jalapeño cream sauce, sour cream, lettuce, and pico de gallo. \$14

Chipotle Hummus

Hummus topped with our chipotle pepper sauce, served with carrots, celery and toasted pita. \$13.5
Half order for \$7

Nook Style Caprese Salad

Fresh Tomato, Basil and Mozzarella topped with our blueberry balsamic reduction.
\$13. Half order \$7

Summer Salad

Spinach, tomato, feta, red onion, and cucumbers tossed in a red wine vinaigrette. \$13

Tree Hugger

Avocado, hummus, alfalfa sprouts, lettuce, tomato, black olives, onion, spinach, red pepper, carrots, honey mustard on toasted multigrain bread. \$14

Black Bean Burger

The Best Black Bean Burger in the ATL!! Topped with chipotle mayo and lettuce, tomato, and onion, on a Challah bun. \$14

Suggested Menu Modifiers

VEGETARIAN MODIFIERS

Nacho Totchos - Substitute black bean salsa for chicken

Loaded PoTotcho - No bacon.

House Salad - No bacon.

Nook Wrap - No meat. Substitute avocado.

Nook's Mac n Cheese - No bacon.

Brussels Sprouts - No bacon.

VEGAN MODIFIERS

Treehugger Wrap - No honey mustard add red wine vinaigrette

Black Bean Burger - No Mayo. As a wrap.

Summer Salad - No feta.

House Salad - No Bacon. No Blue Cheese

Duley Salad - Substitute avocado for chicken.

Nutritious Nookie - Sub extra carrots and celery for chicken.